



CENTURY

CRCA News

August 2004 - Volume 16, Number 9

Catching Up with Stu Gillespie

By John Tomlinson

One of the most impressive CRCA alumni in recent years is Stu Gillespie of Brooklyn. He's gone from club racing to winning the Lou Maltese junior race to the Under-23 National Team and best young rider at the recent pro-am Tour of Connecticut, all while finishing college in three years. I caught up with Stu in early June.

CRCA News: How did you get started in cycling?

Stu Gillespie: In high school at boarding school in Connecticut I ran cross country and track, and was captain of the team senior year. But I started getting problems with my ankles. A friend loaned me a road bike which I started riding for cross training, not for racing.

But I liked it so I joined CRCA, which put me in touch Enrique Cubillo. Cubi was running the CRCA-Keith Haring team and I got onto that. When I graduated high school I spent that summer doing park races and a few out of town races like Fitchburg.

You did Fitchburg in your first year? That's pretty serious.

Yeah, it's a top junior race, and I'd only done B and C races in the club, so it was an eye opener. Enrique took

[continues page 3]



Coach Strika talks. (Nanci Modica-Perera photo)

No Slow Laps: It's the Women's Racing Clinic!

By Jaimie Epstein

Like the Giro, the Tour or the Vuelta, the Sanchez-Metro/Radical Media Women's Bike Racing Clinic happens pretty much like clockwork every year. And just like those races, every year is a different story. The story of this year's clinic (held on June 26) was about The Gals Who Got Away. (Click here for live feed.)

But first they had to get to the line. And for some it wasn't easy. "It's a bit early for me," said one of the first women to arrive. "I chickened out last year," said another. Yet another woman was "tricked" into coming: "I thought 'clinic' meant we'd be sitting around," she said. She then finished a sweet sixth.

But regardless of obstacles (fear,

sleep deprivation, intimidation, too-great expectations), regardless of cycling experience or the lack thereof, regardless of whether they were iron maidens ("I ran ten miles yesterday," one participant effused) or stop-and-smell-the-roses tourists, nearly 40 women were just too curious about racing to sleep in that morning and pretend they weren't average everyday sane psychos like the rest of us.

So, a bundle of nerves and question marks, they got their marching orders (which in the Cliffs notes version go, "Have fun but be safe") and were ready to race, simulated, for real. Huh? What does "simulated" mean? It means that the Metro and Radical squads let the peloton dictate

[continues page 6]

CRCA Board

President (Acting)
Mark Siega · president@crca.net

VP of Rider Development
Mark Siega
riderdevelopment@crca.net

VP of Racing
Eugene Boronow
718.454.4276 · clubracing@crca.net

Treasurer
Rebecca Koh
treasurer@crca.net

Secretary
Phil Simpson
212.397.7317 – Fax 212.956.2164 ·
secretary@crca.net

Director of Open Racing
Adam Handler
openracing@crca.net

Director of Teams
Marc Mauceri
212.749.2685 · teams@crca.net

Communications Director
John Tomlinson
212 362-1608 · newsletter@crca.net

Marshal Director
Rob Stern
marshal@crca.net

Director of Public Relations
Ferdie Scharf
publicrelations@crca.net

Membership Director
Ted Neu
membership@crca.net

Century Road Club Association
Box 20412, Greeley Square Station
New York, NY 10001-9992
www.crca.net

About This Newsletter

Century is published monthly by the Century Road Club Association (CRCA), a nonprofit competitive cycling organization in New York City. Opinions expressed herein do not necessarily reflect the policies of CRCA.

Submission of material (except display advertising and photos) should be made via email newsletter@crca.net. Contact that email address for instructions on submission of photos and display ads. Deadline for each issue is the 15th of the preceding month.

We cannot guarantee the publication of everything received. Submissions are subject to change under editorial review.

Display Advertising Rates for camera ready copy are: 4.83 x 3.5 \$50; 7.5 x 5 \$90, 7.5 x 10 \$150.

Material in this newsletter is copyright © 2004 Century Road Club Association and/or the authors/photographers.

Minutes of the June Board Meeting

Compiled by John Tomlinson

The monthly meeting of the Board of Directors of the Century Road Club Association was held at AOC on June 7, starting at 6:30 pm. Board members present were Eugene Boronow, Adam Handler, Becky Koh, Marc Mauceri, Ted Neu, Phil Simpson, Ferdie Scharf, Rob Stern, Mark Siega and John Tomlinson. Brian Carolan was also present.

Mark presided.

The minutes of the May 3, 2004 meeting were approved.

We discussed wrap-up of the initial phase of the online membership database. Ferdie raised the issue of the complete archives, with suspensions and contact information from several years ago not having been transferred. This data would have to be manually re-entered if an old member re-joined. Some board members questioned the importance of this, given that we have very few such instances. It was decided that the old data would be dumped to Excel and also Ted would decide if a transfer into the new database is needed.

Phil passed out a copy of CRCA's agreement with the Parks Department, which Arnold Fraimin helped negotiate in the 1990s.

It was agreed to pay Jeff Vogel for officiating last year at \$36 per race.

Becky gave a financial report indicating we are in approximately the same position as last year at this time, with two differences. One is higher expenses for the database implementation – a “capital” project. And the other is that some of our income is more constrained than last year because we are committed to rolling some of the take from Harriman into that race next year.

Ted gave a report on membership indicating that we are currently at 412 members, compared to 488 at the end of last year. There are 106 new members. At the end of last year

we had 174 new members. It was agreed to include membership numbers in each month's minutes so we will have historic points of comparison in the future.

Rob reported getting positive responses to the email he sent to participants in the recent Men's Clinic. Chris Griffin in particular helped drum up participation by people in his spin classes.

There was an extensive discussion of online renewals with issues raised including how to take credit cards online, the legality of electronic signatures, and the possibility of members selecting their marshal dates online. It was decided that Ted would discuss doing with Nick Black and Todd Carter. Electronics signatures might not be an issue, as we will likely want the online process to result in a print that the applicant must mail with a copy of his/her license anyway - postal mail not being avoided. But a system that allows any or all of: - more data entry by applicants; paying by credit card; and online selection of marshal assignments will be a big improvement.

Rob pushed on the online marshal date selection, but Eugene reported that a key constraint is that we don't get dates approved by the Parks Department till the first months of the year no matter how early we apply, whereas many renewals happen earlier. More discussion is needed.

Brian commented extensively on the need to develop systems like this to reduce the burden on board members. JT asked him to consider thinking about the agenda and structure of a member-wide meeting later this year and he agreed. He also agreed to consider joining as President and to come to several more board meetings this year.

A West Side finish to a club race

was discussed. Issues are that the Parks Department wants no congestion at finishes. Another issue some people raised was where people would leave their bags. No decision was reached.

The Harriman race was discussed with great thanks given to Adam. His post race reporting was very useful and we considered ways to improve the event. Key ideas were trying to make his job easier (perhaps through a deputy), having a few more portajohns, liaising with the Park Police earlier, and contracting with a paid ambulance service instead of the volunteer company that did not show up. The idea of trying to get a rolling enclosure in the future was discussed and discarded.

We had a brief discussion on the upcoming Maltese race. It was felt that while having fields for juniors and espoirs is good for the riders that show up, this is not real junior development and more ideas are needed. Mark wants to take a look at our open races based on how much each race costs and brings in.

Rob raised the issue of several members who seem to have special status regarding marshaling from agreements/needs/service to the club in the past, and will clean this up as he sees fit. There needs to be probably fewer age exceptions to our marshaling policy and also simplification of rules regarding juniors and collegiate riders. More discussion is needed.

It was resolved to give Becky authority to end the current cell phone account as she wishes, and to get a new one (or two depending on the deal) for the race director. We will not renew our Yellow Pages listing.

Dangerous riding in club races was discussed. It was decided that the VP of Rider Development and Race Director will talk about specific people that might need more skills. We explored the idea of requiring mem-

bers who rode dangerously to attend a coaching session before being allowed to race again. But this might be administratively burdensome, so instead in many cases the VP of Rider Development may just talk to the riders in question. In the past, many have responded to criticism/suggestions well.

The idea of not having C races in March but instead just clinics for those riders was discussed, but no agreement was reached.

Mark raised the issue of the Gatorade Sports Science Institute proposal for a clinic on hydration. Some board members felt this would be great, whereas others were concerned about our apparent endorsement of a particular product. Everyone was concerned about the impact this might have on our racing permit with the Park if we organized it. It was decided that Mark would ask the GSSI people to organize it and apply for permits themselves, while he would help them with advice on the location (perhaps the Boathouse) and other questions they might have. We would also publicize it within the club.

Ferdie gave a report on donations to the Park and wrap-up of getting the bench for Jim Boyd. He may write to Adam Kaufman of the Central Park Conservancy about this. Mark will follow-up on the letter to the person who complained about noise from our whistles if needed.

The next meeting will be held at 6:30 pm on July 12 at La Cocina.

At 9:30 the meeting adjourned. 🍷

[Stu Gillespie, continued]

a few of us up there – Mike Aya and Dante Pryor too. I did get in the winning break on one stage, though I blew up toward the end.

But I was hooked. It's a good race with riders attacking everywhere. Good organization.

Collegiate racing is mainly in the spring, so I'd do that then USCF in the summer. My first year at Harvard I did a weekend or two of B races in collegiate, then A after that. That first year collegiate nationals were at UVM, with the road race using the Mad River road course, which was cool. I didn't do as well as I'd hoped, but got some redemption in the fall by winning a stage the Mad River stage of the Green Mountain Stage Race and the overall in the 3s.

Collegiate cycling is really cool. I was so excited the first year doing the group rides. And John Allis, a former Olympian, comes out with the team a lot. But it's always at regular 6am rides, which I didn't do so much of after freshman year...

Was Kevin Bouchard-Hall of UVM a big factor at collegiate nationals your first year? He's from Vermont.

Yeah, he and I have been developing along with each other and competing against each other in collegiate racing. Also with Tyler Wren of Princeton. Plus we are teammates on the national team.

Though Kevin maybe got ahead a little bit this year. I'm planning on doing some catching up.

Were your parents into this?

Oh yeah, they've helped a lot. My father took me to Fitchburg, and they're always supportive. Even more so since I got on the national team.

How did that come about? Was it through your result at the Nature Valley Grand Prix last year as top

[continues page 9]

August Coaching

Compiled by Mark Siega

For insurance purposes it is important that participants bring their racing license and club membership card to the sessions and record their license number accurately and legibly on the sign in sheet. Coaching is available to CRCA members only. Please wear your sub team or CRCA blue and gold jersey to the sessions. You must wear a helmet! (Note: For PM Sessions, please bring a light).

Wednesday, August 4

Charlie Issendorf

Central Park

7:00pm signup; 7:15pm start

Meet at the top of Cat's Paw.

Session description: Beginner Paceline Drills

The session will focus on basic paceline drills. Emphasis will be riding closely, single pacelines and double pacelines. This is perfect training if you want to work on your pack skills - the ride is not fast at all. Beginners welcome!

Cancellation policy: Rain cancels / drizzle does not

Charlie can be reached at RaceSmarter@aol.com

Thursday, August 5

Zoltan Tisza

Central Park

5:50am signup; 6:00am start

Meet at Tavern on The Green

Session description: Climbing techniques

This session will include hill repeats at various cadences levels as well as climbing both in and out of the saddle. We will also practice hill attacks and responding to hill attacks.

Cancellation policy: Rain cancels / drizzle does not.

Zoltan can be reached at tzoleeka@yahoo.com

Monday, August 9:

Deirdre Murphy

Monday Night Women's Session

6:50pm signup; 7:00pm start

Meet at Engineer's Gate

Speed drills and sprinting. Be one with your inner fast twitch. Workout incorporates theory and practicing the finish of a race. Learn how to maximize your strengths and use your opponents' weaknesses to your advantage.

All categories will benefit from this session.

Cancellation policy: Rain cancels

Deirdre can be reached at:

rainbow97@att.net

Tuesday, August 10

Zoltan Tisza

Central Park

5:50am signup; 6:00am start

Meet at Tavern on The Green

Session description: Paceline drills with sprints

This session will include paceline work including with hill sprints on Cat's Paw hill, Harlem Hill and the hill leading to Tavern on the Green.

Cancellation policy: Rain cancels / drizzle does not.

Zoltan can be reached at tzoleeka@yahoo.com

Wednesday, August 11

Charlie Issendorf

Central Park

7:00pm signup; 7:15pm start

Meet at the top of Cat's Paw.

Session description: Sprinting Drills.

Session will focus on sprinting as we practice actual sprints in the Park.

Cancellation policy: Rain cancels / drizzle does not

Charlie can be reached at RaceSmarter@aol.com

Monday, August 16:

Deirdre Murphy

Central Park - All members welcome

6:50 pm sign up; 7:00 pm start

Meet at Engineer's Gate

Session description: Novice skills class. Class will begin with wheel following drills followed by cornering skills. Learn how corner with confidence.

Cancellation policy: Rain cancels

Deirdre can be reached at:

rainbow97@att.net

Wednesday, August 18

Charlie Issendorf

Central Park

7:00pm signup; 7:15pm start

Meet at the top of Cat's Paw.

Session description: Beginner Paceline Drills

The session will focus on basic paceline drills. Emphasis will be riding closely, single pacelines and double pacelines. This is perfect training if you want to work on your pack skills - the ride is not fast at all. Beginners welcome!

Cancellation policy: Rain cancels / drizzle does not

Charlie can be reached at RaceSmarter@aol.com

Thursday, August 19

Zoltan Tisza

Central Park

5:50am signup; 6:00am start

Meet at Tavern on The Green

Session description: Tempo ride with paceline drills. This session is intended to help improve your endurance for longer races. We will discuss ways to save energy during longer races.

Cancellation policy: Rain cancels / drizzle does not.

Zoltan can be reached at tzoleeka@yahoo.com

CRCA Race Schedule

Sign-in opens 45 minutes before race start at the Rambles parking lot, near start-finish line at the top of Cat's Paw Hill. Fields may be combined if there are insufficient motorcycles; number of laps may be reduced because of weather. All races are scratch unless otherwise indicated.

For a complete calendar and last-minute updates about CRCA races, as well as and links to calendars with information about other local races, visit www.crca.net and click on "Race Schedule."

Date	Start Time	Details
Sunday, Aug 8	6:00AM	A (7, Team Cup), B/C (6), Women (5, Team Cup)
Saturday, Aug 14	6:00AM	Individual Time Trial (2 laps, Championship)
Saturday, Aug 28	6:15AM	A (7, Championship), B/C (5), Women (6, Championship)
Saturday, Sept 11	6:30AM	4-man or 3-woman Time Trial (3 laps, Team Cup/Team Challenge)
Saturday, Sept 25	6:30AM	Mengoni Grand Prix - USCF pro/1/2, cat 3, women 1-2-3; see flier page 15
Saturday, Oct 2	6:45AM	A (6, Points Race, Team Cup), B/C (5), Women (5, Points Race, Team Cup)
Saturday, Oct 16	7:00AM	A (5), B (5), C (4), 40+ (5, Championship, women 35+ allowed)
Saturday, Oct 23	7:15AM	A (4), B (4), C (3)
Saturday, Nov 20	6:45AM	A (6), B (5), C (4)

Thursday, August 19

Jacek Lewandowski

PM in Central Park Session

7:00 pm sign up; 7:10 pm start

Meet Engineer's Gate in Central Park (5th Ave and 90th Str)

Session description: Riding in the bunch - tactics and techniques.

Achieve a comfort in a group ride and react to its behavior.

Learn how to benefit from the pack.

Perfect your counter-attack skills.

Come with questions about

riding/training.

Cancellation policy: Rain cancels

Jacek can be reached at:

jacek@computer.org

Monday August 23: Scot

Willingham

Central Park - All members welcome

All Club 'C' field riders and new members are encouraged to attend

5:50pm signup; 6:00pm start

Meet at North Field, East Side

Session description: Bike handling skills - wheel touching, slow

riding, track stands, close riding, bunny hopping, pushing off, pulling off, and guiding. Wear old clothes - tights, arm warmers, gloves, & pads if you have them. For novices and people who have recently rehabbed & unbruised or unscabbed crashed to improve skills. Bring your commuter or a rougher bike. If you ride a mtn. bike, no knobby tires.

Cancellation policy: Rain or wet ground cancels

Scot can be reached at

scot@shankpro.com or www.shankpro.com

Tuesday, August 24:

Zoltan Tisza

Central Park

5:50am signup; 6:00am start

Meet at Tavern on The Green

Session description: Paceline drills with sprints

This session will include paceline work including with hill sprints on Cat's Paw hill, Harlem Hill and the hill leading to Tavern on the Green.

Cancellation policy: Rain cancels / drizzle does not.

Zoltan can be reached at

tzoleeka@yahoo.com

Tuesday, August 24: Deirdre

Murphy

Central Park

6:50 pm sign up; 7:00 pm start

Meet at Engineer's Gate

Session description: Club

Championship on your mind? Learn how to win. Speed drills and sprinting.

Workout incorporates theory and practicing the finish of a race.

Learn how to maximize your strengths and use your opponents' weaknesses to your advantage.

Cancellation policy: Rain cancels

Deirdre can be reached at:

rainbow97@att.net

[Women's Racing Clinic, continued]

the action and, sprinkled throughout the field, coach the riders along from there. That we herd, like border col-lies, trying to keep the flock together, headed in the right direction. That when the field fractures, as it will, we nudge riders to close gaps, teaching them how to draft, giving them wheels and ferrying them up to the field if necessary. It means that when a rider is lagging way behind and I (Radical) ask her if she's riding as hard as she can and she says no, I explain that that means she's not racing. Simulated, for real, means that unlike in a USCF race, in which, once dropped, you will probably be left to your own devices, no rider gets left behind.

It means that, for example, Katie Lambden (Aquafina - everybody's welcome to help) and Leslie Jennings (Radical) will take the cutoff to catch a small group back up to the main field and that once there, if Katie hears a strange noise and discovers that some gal has managed to break

several spokes, the gal will not have to flail her arms futilely at the Campy wheel van that has gone with the field but that Katie will give the gal her own front wheel and that Kelleigh Dulany (Sanchez-Metro) will then take her through another cutoff so she can get back in the race. When Kelleigh told the woman she could no longer technically contest the finish, her response, spoken like a true Bessette-wannabe, was, "So if I can't win, what am I doing out here?"

Meanwhile, Katie bummed a stump-jumper off an acquiescent marshal and rode back to the start-finish to bum a wheel off Frances Harrison (Sanchez-Metro), so she could put a front wheel back on her own bike and rejoin the peloton - it's all in a day's work for the volunteers in the race-clinic army.

But while this drama was unfolding off the back of the race, there was plenty of action at the front. After winning the first prime on Cat's Paw, Jenny LaPlante looked around and

realized she was all alone. Jenny, who broke her back during a cycling vacation in the Colorado Rockies last year (can you say, "Determined, à la Henk Vogels, to ride again"?), judiciously waited for the extra horsepower of a few more gals. Soon there was a posse of five, and awaaaaaay they went, with Nina Strika (Conrad's) and Hannah Long (Sanchez-Metro) urging them to put their heads down and work together to establish a healthy break.

Which they did.

But at Harlem Hill the climbers trumped, and two riders fell off. So then there were three, and they managed to stay away for the duration -- with no lollygagging. "The break's doing 16 1/2-minute laps," said an impressed Carlos D'all Orso, staring at his stopwatch. With half a lap to go, Hannah suggested that it was time for each breakee to figure out how she was going to win the race. At 72nd Street, the threesome slowed down, and each played hard to get, somehow instinctively knowing that whoever pulled then would not win. Eventually, Dominique Hall (who, um, woke up late last year and missed the clinic) went for it, but "way too early," she said circumspectly. "My legs just died about three-quarters of the way up the hill." So she took third.

Elaine Molinaro, who got her racing feet wet earlier this year at Branchbrook and Westfield (oh, yeah, do we smell a ringer here? Joookooking!) got second. "It was so exciting - I've never been in a break-away before," she said, exclamation points bursting from her like fireworks. Jenny, who said that "without the clinic I wouldn't have tried racing" came in first. She also won the second prime - yawn.

And what did they get for all their lactic-acid burn? Dominique got Keith Haring flip-flops from the Pop Shop, a big jug of Hammer Gel from Hammer Nutrition and a private coaching ses-



Elaine Molinaro gets goodies from Kimille Taylor. (Nanci Modica-Perera photo)

sion with our very own (and Conrad's very own) JT, who taught me a thing or two when I won a session with him back in the day. Elaine got flips, gel and a bike fit from "the buzz is that Smiley gives great fit" Craig Upton (VisitBritain). Jenny, who also scooped up a bike tune from the Bicycle Station as well as gloves and a carbon bottle cage as prizes, got herself the flips, the gel, a CRCA membership and a Giro helmet courtesy of Metro Bicycle Shop - jeeesh, I hope she brought a Brobdingnagian backpack.

All the participants got goody bags filled with a variety of tools and bottles, gloves and socks, Hammer gel and endurolytes, Advil and Chapstick, magazines and info and and and... supplied by our generous sponsors: Bicycle Station, Bicycling magazine, Craig Upton Laser Precision Bike Fitting, Hammer Nutrition, John Tomlinson, the Keith Haring Foundation, Metro Bicycle Shop, Piermont Bicycle Connection, Toga Bike Shop and Wyeth. And, oh, yeah, Katie tossed in EAS bars. And Randy Sharp and Angela Johnson of Axis tossed in themselves.

Which just goes to show that while our teams may be fierce competitors on the field, off the field the racing community in New York is just one big, happy, cooperative family. Aw, shucks. Anyone else feeling all warm and squishy? 🍪

We're the Fortunate Ones - So Let's Act Like It

By John Tomlinson

Most New Yorkers realize what a special resource Central Park is - more than 800 acres in the center of the city with ponds, fountains, over 25,000 trees, and six-mile loop road we, as cyclists, use and love. And if you've lived in the city for more than five or ten years, you know how much

nicer the Park has become recently. It's cleaner, prettier and safer - certainly better than when I started riding with CRCA in the early 1980s.

I'm really fortunate to be able to have such a special place. We all are.

One of the results of the happy improvement in the park is that more people use it. Central Park gets over 25 million visitors annually and that number is increasing. With more use comes more conflict - problems like crowds, noise and trash.

Unfortunately, some of the conflict involves cyclists. Cyclists are the second most common "cause" of complaints to the Parks Department. Only dogs cause more negative reactions.

I'm writing to ask for your help in working against that trend. As members of one of the top cycling clubs in the City, we've got to set an example of being safe, responsible park users. I think CRCA members are, in general, responsible cyclists, but we've got a big club and not everyone does their best. And certainly we could all do a better job in reaching out to other riders - whether inside our club or not - to demonstrate how to use the park safely. So here are a few things that are specifics on cycling responsibly in the park.

Most importantly, we've got to make more cyclists recognize that pedestrians have right of way. It doesn't matter what pedestrians are doing - it's our responsibility to give them a wide berth. Slow down or stop if someone is crossing in front of you. Don't buzz by them or abuse them. Treat them with respect.

This is important for several reasons, the most important of which is safety. It doesn't matter if a pedestrian steps out suddenly in front of a cyclist - both may get hurt.

Adjustments of our behavior as athletes is part of this. As use of the park grows, it's more important than ever to confine hard training to when the roads are relatively empty - very

early in the morning, or late at night, and never during the day on a nice warm weekend. We can also use alternative spots inside and outside the city to do hard workouts (I've got some little-known places I use - ask me about them if you're curious).

The second reason to respect pedestrians is that it's simply the right thing to do. As a cyclist I don't like cars passing me too close or honking at me, so in the same way it's not right for me or any of us to buzz pedestrians or any other park user - roller skaters, slower cyclists, etc. And if you are riding in a group, don't pass other park users on both sides. It's obnoxious and potentially dangerous if people are alarmed. We might be used to that sort of thing from racing and group rides, but can't expect other people to be.

And the final reason to treat pedestrians with more respect is political and relates to CRCA and bike racing. While we've got a right to ride bikes on public roads, we don't have a right to hold races. The club gets permission to use the park from the City Government, which is great, but if cycling is perceived as a source of danger in the park, then our advocates in the government cannot justify allowing our sport.

Cyclists make up only a portion of the 25 million park users, and CRCA members make up only a portion of that. But every little action helps, so I hope you'll join with me in doing our best in riding safely, setting a good example and spreading the word to the broader cycling community about using Central Park responsibly. 🍪

Marshal Duty

Notes from the Marshal Director

It is up to all of us to help put on a safe and professional race so don't just stand there - keep the roadway clear. Lets make our races the best and safest around. For details on how to marshal, see the website or read the instructions you are given.

15-minute cut-off time: Marshals are asked to appear 45 minutes prior to race start. We need help at the registration table and you'll get the choice assignments. If you (or your substitute) are not on the line to register as a marshal at least 15 minutes before race start, you may not be accepted if we have reached our quota of marshals.

New members will not be assigned marshaling dates and cannot race in a club race until they marshal once. New members may show up at any CRCA race to fulfill their first marshaling obligation. You may race if you get a substitute. Juniors are exempt from marshaling.

Suspended members will not be assigned until the suspension is made up. You may use substitutes to make up your missed date(s). You cannot race in a club race until you have made up *all* your missed dates.

Using substitutes: The Marshal Captain and the Marshal Director cannot find you a substitute. You may use friends, relatives or a paid substitute - an adult. If you use a substitute, you don't have to notify anyone in advance. The substitute must give your name for you to get credit. Make sure the substitute tells the Marshal Captain why he/she is substituting, e.g., new member or getting off suspension.

If you or your substitute is late or doesn't show, *you* are suspended. Show up on a bicycle or blades. If you can't get to your location, you will not be accepted. 📱

Assignments

August 8

Start Time: 6:00 AM
Umberto Arpaia
Maryann Browning
Greg Choat
Andrew Cohen
Gregory Cross
Conrad Davies
Kate Durocher
Jaimie Epstein
Brad Foster
Robert P. Fulmer
Piero Giramonti
Simon Goddard
Michael Green
Christopher Griffin
Ken Harris
Frances Harrison
Michael Henson
Donna Holmes-Lipton
Ben Hughes
Katherine Lambden
Beth Lorell
Haig Marino
Tony Markovina
Sean Marvel
Thomas Mattioli
Andrew McDade
Basil Moutsopoulos
Jamie Nicholson-Leener
Thomas Pennell
Christopher Pile
Elizabeth Renaud
Chris Romero
Chris Rozdilsky
Dara Schaefer
Antony Slokar
Mike Stone

George Suter
Zoltan Tisza
Scot Willingham

August 14

Start Time: 6:00 AM
Eve Ashcraft
Michael Bar
Jari Bartsch
Gordon Breed
Steven Britt
Pablo Diaz Castro
Lucretia Cavan
George Adam Crane
Joseph DeCivitiis
Michael Delikat
James Fox
Jaime Garcia
Diane Goodwin
Arthur Hazlitt
Robert Hernandez
Petr Huppert
Leslie Jennings
Ron Kahn
Megan Kiihne
Eric Kuo
Martha Lees
Jacek Lewandowski
Francisco Liuzzi
M. Justin Lubeley
Matthew Monson
Robert Neal
Emma Nelson
Rolando Ocampo
Joel Rathbun
Carlos Rivera
Kristi Roberts
Mitchell Rosen
Eric Rosenblum
Dave Sargent

Substitute Marshals for Hire

Gary Bennett - (718) 956-3539
Bill Buchanan - (212) 988-7818
Paul Casino - paulcasino@verizon.net
Lee Gorman - 917-603-8524 & leebikes@msn.com
Paul Lamarca - (212) 673-7920 & beeper (917) 252-9473 & carsucknyc@yahoo.com
Russell Lewczuk Jensen - (718) 387-5715
Paulette Meggoe - (718) 293-0885 & paulette.meggoe@nbhn.net
Jane Monti - (860) 671-0560 & jmonti@attg.net
Dominick Montgomery - (917) 416-8511
Sergio Morales - (917) 400-0675 & sergio6676@yahoo.com
Jennifer Weiss - (646) 373-9611 & jennifer.weiss@simonandschuster.com

[Stu Gillespie, continued]

James Schroder
Ivry Semel
David Smith
Rick Spear
Anthony Taylor
Scott Townsend
Zack Vogel

August 28

Start Time: 6:15 AM

James Billet
Nathan Brauer
Nancy Camp
Martin Clarke
Timothy Collins
John Dimaya
Tristan Fausto
Mark Georgiev
John Grandits
Regina Hammond
David Istvan
Angela Johnson
Adam Scott Klamkin
Daniel Klein
Paul Lamarca
Kristen LaSasso
Daniel Lederman
Daniel Lorey
Andrew McGee
Conrad Meyer
David Miller
Leyton Murray
Anthony O'Malley
Alex Ostroy
Luis Perez
Karl Rahn
Alvin Rodolfo
Michael Sherry
Mario Sierra
Timothy Snell
Mario Springer
Nathan Sta.ana
Joe Stamboulie
LaNola Kathleen Stone
Victoria Tiase
Christopher Uglietta
Andrea Urist
Paul S. White
Burroughs York

espoir?

Actually I was first amateur; Viktor Rapinski was top espoir. And yes, that race went well - I'd planned to mainly sit in because it was my first pro-1-2 stage race, but I did an attack and ended up in a break with Mark McCormack. It was a great learning experience and even better to win a jersey.

But that's not where I got noticed for the national team. That's pretty much decided at espoir nationals, which is, I think, the only race Noel Dejonckheere [espoirs national team coach] comes to. He might notice a good espoir ride at Redlands or Georgia, but Nature Valley isn't at that level. I think he read about it



Getting ready at Harriman

after seeing me at nationals, where I was in a really long break.

Now I'm on the team full-time with a few other guys, and we have other riders join us for certain events or periods of time. I'm off to Belgium to re-connect with them after graduation in a week.

Is it hard to reconcile being on different team - like you've been on TIAA-CREF and the national team this year, plus collegiate racing. And last year you were with Colavita a bit.

And last weekend I was on Stelvio Teamwear. But no, it's actually a good thing being on these different teams. You get to meet more people, learn more. It's a good experience and I get along well with most everyone.

Plus there is a lot of overlap between the national team and TIAA-CREF, so this year it's mainly those two plus Harvard. Though I didn't do as much collegiate this year before Georgia where I rode for a combined TIAA-CREF/national team.

What was that like?

It was amazing riding with those top guys, plus Jonathan Vaughters, our DS is smart.

Did you peak for it in any way?

Not really - it wasn't one of my key goals for the year, plus it was only my third or fourth weekend of racing. So at the team meeting at the start I told the guys that and said I'd try to help as best I could, carrying water and helping out. I think I did a good job. Kevin got the best amateur jersey.

Really being on different teams like that and helping out is great - what goes around comes around. That's part of the sport.

Plus I learned a lot from the rac-

[continues page 14]

2004 Lou Maltese Memorial

Beautiful weather greeted riders for this race, held on July 10. The event is named in honor of local racing pioneer Lou Maltese.

In the juniors and espoirs race, a break of four got away early. One rider dropped off, leaving espoirs Andrew Guptill and Lee Rosenthal of CRCA/Sakonnet Technology and Lisban Quintero of Cuevas out front and gaining almost a minute on the field. All three had raced the pro-1-2 field at the Fitchburg-Longsjø Classic the previous weekend, with Quintero getting an outstanding 4th on a stage there. The Cuevas rider resisted attacks from the Sakonnet pair to win. The juniors largely stayed together in the field, with Kirk Carlsen of New Hampshire's Heart of New England CC first junior over the line.

In the women's race, Brooke Wilson of Somerset Wheelman repeated the powerful sprint she had demon-

strated in the criterium at Fitchburg, beating out Ellen Moses of CRCA/Foundation (in her first race as a 3) and Jane Berger CRCA/Aquafina. The CRCA/Aquafina team organizes the Aquafina NY State Women's 3/4 Race Series, of which this race was round 3. The first category 4 woman was Hannah Long of CRCA/Sanchez-Metro who was actually second woman over the line - all women and girls raced together. Nina Santiago of Liberty Cycle was first junior girl.

After some short-lived breaks the men's 4 race came down to a field sprint showdown between two riders who have been dueling all season - Anthony "Ricky" Lowe of CRCA/VisitBritain and Lorenzo Cavallaro of CRCA/Merrill Lynch/Stelvio Teamwear, with Lowe getting a great lead out from his team to win. 🏆

Espoirs

11 riders

1. Lisban Quintero, Cuevas (#205)
2. Lee Rosenthal, CRCA/Sakonnet Technology (#209)
3. Andrew Guptill, CRCA/Sakonnet Technology (#203) @0:12
4. Anthony Vasilas, (#207) @0:49
5. Luis Perez, CRCA/Sakonnet Technology (#208)
7. Christopher R Chesebro, Liberty Cycle (#202) @0:55
6. Paul Montemurno, Liberty Cycle (#210)

Also participating: Colin Carrihill; Jeffrey Ingraham; Martin Lechowicz, Cuevas; Paul Montemurno, Liberty Cycle; Somraj Seepersaud, NeCSA/Mike Fraysse Sports

Junior Boys

32 riders

1. Kirk Carlsen, HNECC (#277)
2. Devin Flaherty, NECSA/ACT (#251)
3. Steven Chiselko, Liberty Cycles (#264)
4. Tim Doud, HNECC (#276)
5. Jim Camut, North Hills Velo (#269)
6. Julean Fernandes, Collavita (#280)
7. Alex Quintero, Cuevas (#260)
8. Colton Valentino, Quaker City Wheelmen (#273)
9. Scott Jackson, W/W (#271)
10. Andrew Rech, Cuevas (#261)
11. Michael Bucuk, W/W (#270)
12. Yuri Whitehead, HWC (#275)
13. Austin Byrd, NECSA (#281)
14. Barry Miller, USI (#267)
15. Chris Worden, W/W (#268)
16. Filip Capala, unattached (#282)
17. Stephane Slotten, Northeastern Hardware/CJCT (#262)
18. Chris Keane, Big Wheels (#252) @0:06
19. Evan Piche, Cuevas (#259)

20. Mike Wiles, NECSA (#274)

Also participating: Richard Kowalczyk, Cuevas; Michael Kowen, unattached; Colby Marple, Cuevas; Andy McGhee, unattached; James Olney, Mount Washington Valley Velo; Gordon Parola, Cuevas; Jesian Phillips, Cuevas; Rashid Sadki, Dutch Wheelman; Daniel Sommer, CRCA; Alexander Stevkowski, Cuevas; Chris Thornton, HNECC

Espoirs and Juniors raced together and the placed riders finished in this order: Lisban Quintero, Lee Rosenthal, Andrew Guptill, Kirk Carlsen, Devin Flaherty, Steven Chiselko, Tim Doud, Jim Camut, Julean Fernandes, Alex Quintero, Colton Valentino, Scott Jackson, Andrew Rech, Michael Bucuk, Anthony Vasilas, Yuri Whitehead, Austin Byrd, Barry Miller, Luis Perez, Chris Worden, Filip Capala, Stephane Slotten, Christopher R Chesebro, Chris Keane, Evan Piche, Mike Wiles.



Lee Rosenthal heads for second in the espoirs. (Andy Shen photo)

Men 4

80 riders

1. Anthony "Ricky" Lowe, CRCA/VisitBritain (#49)
2. Lorenzo Cavallaro, Merrill Lynch Stelvio Teamwear/CRCA (#14)
3. Eutimio Quintero, CRCA (#61)
4. Vinny Vicari, sanchez metro (#75)
5. Tom Luther, NHCC/Team NH (#50)
6. Tim Nilson, CRCA/Merrill Lynch (#55)
7. Armand Della Monica, CRCA/Blue Ribbon-Translations.com (#20)
8. Dean Brizel, crca/merrill lynch (#10)
9. Ian Sinclair, Northeast (#45)
10. Eric Kuo, CRCA/Setanta (#46)
11. Petr Huppert, CRCA/Sanchez-Metro (#37)
12. Justin Inglis, CRCA - Foundation (#38)
13. John Moynagh, CRCA (#85)
14. Unknown
15. jeffrey kane, gotham (#41)
16. Trevor Taylor, CRCA/Renaissance (#74)
17. Chris Wilkes, CRCA/Blue Ribbon-Translations.com (#79)
18. Greg Fiore, CRCA/Blue Ribbon-Translations.com (#26)
19. Joseph Reagan, NHCC/TeamNH (#62)
20. Unknown
21. Hugh Reed, Georges (#63)
22. william keiler, America's Cycling Team NECSA (#42) @0:05
23. Francis Dillon, CRCA/Foundation (#22)
24. Ted Neu, CRCA/VisitBritain (#54) @0:10
25. Lincoln Crane, Crca/Strictly Bicycles (#18) @0:22
26. Paul White, CRCA/VisitBritain (#78) @0:29
27. christopher chaput, CRCA (#15)
28. David Adornato, Team Bikery/Shebell and Shebell (#1) @0:49
29. Tom Laskey, CRCA/Setanta (#48)
30. jesus perera, (#57)
31. Rich Fleischer, CRCA (#27) @0:54
32. braiden kelley, (#43)
33. Eloy Anzola, Kissena (#5) @0:57
34. Ted Pozniakoff, CRCA/Strictly Bicycles (#59)

Junior Girls

3 riders

1. Nina Santiago, Liberty Cycles (#188)
2. Jennifer Stebbins, NHCC (#149)

Also participating: Hanna Walton, Housatonic Wheelmen



Men's4 podium - Cavallaro (2nd), Lowe (1st), Quintero (3rd). (Andy Shen photo)

Women 3

15 riders

1. Brooke Wilson, Somerset Wheelmen (#111)
2. Ellen Moses, CRCA/Foundation (#108) @0:01
3. Jane Berger, CRCA/Aquafina (#101)
4. Mara Miller, Somerset Wheelmen (#114)
5. Nanci Modica-Perera, Radical Media (#107)
6. Elizabeth Tyrell, (#112)

Women 4

33 riders

1. Hannah Long, CRCA/Sanchez/Metro (#181)
2. Wendy Cohen, Hell's Kitchen Cycling (#155)
3. Dale Malkames, unione sportiva italiana (#163)
4. Angela Johnson, CRCA/Axis (#182)
5. Elizabeth Seward, CRCA/Senor Swanky's (#179)
6. Emily Derkasch, Rotation Racing (#178)
7. Kelleigh Dulany, CRCA/Sanchez Metro (#158)
8. Andrea Urist, CRCA/Senor Swanky's (#175)
9. Gloria Deucher, unattached (#157)
10. Mimi Boyle, Sleepy Hollow (#152)
11. Rachel Lederman, CRCA/Radical Media (#187)
12. Karen Ulrich, Setanta/CRCA (#174)
13. Lanola Stone, CRCA (#186)
14. Sheila O'Connor, East End/Kreb Cycle (#167)
15. Elaine Molinaro, Team Bikery/Shebell (#165)
16. kristin stodola, crca (#171)
17. Ann-Marie Brady, CRCA/Senor Swanky's (#153)



Field sprint in the women's race with (l to r) Hannah Long, Ellen Moses, Wendy Cohen and Jane Berger. (Marco Quezada photo – Many more photos by Marco and Andy are at www.miracingteam.com.)

- 18. Marie DeRosa, CRCA (#156)
- 19. Kate Durocher, CRCA/Conrad's (#159)
- 20. Emma Nelson, CRCA/Senor Swanky's (#166)
- 21. Rachel Schemmel, CRCA (#170)
- 22. Nina Santiago, Liberty Cycles (#188 – also competed as a junior)

All women and girls raced together with the placed riders finishing in this order: Brooke Wilson, Hannah Long, Ellen Moses, Jane Berger, Wendy Cohen, Dale Malkames, Angela Johnson, Mara Miller, Elizabeth Seward, Nanci Modica-Perera, Emily Derkasch, Kelleigh Dulany, Andrea Urist, Gloria Deucher, Mimi Boyle, Rachel Lederman, Elizabeth Tyrell, Karen Ulrich, Lanola Stone, Sheila O'Connor, Elaine Molinaro, Kristin Stodola, Ann-Marie Brady, Marie DeRosa, Kate Durocher, Emma Nelson, Rachel Schemmel, Nina Santiago, Jennifer Stebbins

- 8. Lance Leener, Conrad's
- 9. Anthony Canger, Next
- 10. Mark Brinken, ReMax
- 11. Lee Sossen, Sakonnet Technology
- 12. Sean Marvel, Axis

B Field

Points race	Pts.
1. Anthony Lowe, VisitBritain	28
2. Petr Huppert, Sanchez-Metro	18
3. Christopher Wilkes, Blue Ribbon-Translations	14
4. Lorenzo Cavallaro, Merrill Lynch/Stelvio Teamwear	10
5. Hannah Long, Sanchez-Metro	9
6. Ivry Semel	6
7. John Kuhn, VisitBritain	6
8. Steven Rosenblum, Velo Classic Tours	4

Also: Warning for John Shane Moynagh, Setanta, violation rule 105(a) (abuse during race)

Club Race Results

July 18

A Field

- 1. Robert Lattanzi, Next
- 2. Alex Gulla, VisitBritain
- 3. Leon Moser, VisitBritain
- 4. Carlos Rivera, Sanchez-Metro
- 5. Jay Gropen
- 6. Anthony Taylor, Foundation
- 7. Christopher Pile, ReMax

C Field

Points race	Pts.
1. Dmitri Wilkins, Merrill Lynch/Stelvio Teamwear	27
2. Anthony O'Malley, Velo Classic Tours	19
3. Morris Regazza	16
4. William Tonkin, Foundation	6
5. Richard Wolf, Foundation	4
6. Steven Mandrapa	4

July 18

Two-person Team Time Trial

Special thanks to Mike Green for the use of his laptop and for the program he wrote to ease the job of timing.

<i>Men's Teams</i>	<i>Sub-Team</i>	<i>Time</i>	<i>Lap1</i>	<i>Lap2</i>	<i>Lap3</i>	<i>Overall</i>
1. Henson, Michael and Upton, Craig	VisitBritain	0:39:07	0:12:47	0:13:05	0:13:15	1
2. Pennell, Thomas and Taylor, David	Blue Ribbon-Translations	0:40:34	0:13:25	0:13:45	0:13:24	2
3. Gulla, Alex and and Harris, Ken	VisitBritain	0:40:48	0:13:27	0:13:54	0:13:27	3
4. Harvey, Stephen and Smith, David	Sanchez-Metro	0:40:49	0:13:15	0:13:51	0:13:43	4
5. Brinken, Mark and Siega, Mark	ReMax	0:41:08	0:13:34	0:13:51	0:13:43	5
6. Cavallo, David and Lubeley, Justin	Blue Ribbon-Translations	0:41:18	0:13:29	0:14:04	0:13:45	6
7. Falk, Anthony and Wilkins, Dimitri	Merrill Lynch/Stelvio Teamwear	0:41:56	0:13:45	0:14:04	0:14:07	7
8. Moser, Leon and Suter, George	VisitBritain	0:42:04	0:13:53	0:13:58	0:14:13	8
9. Friedman, Roger and Neu, Ted	VisitBritain	0:42:25	0:14:10	0:14:15	0:14:00	9
10. Byrne, Daniel and Cesare, Marc	Sanchez-Metro	0:42:52	0:14:29	0:14:20	0:14:03	10
11. Neal, Robert and Wolf, Richard		0:43:06	0:14:20	0:14:26	0:14:20	11
12. Gray, Robert and Stern, Robert	Moneygram	0:43:56	0:14:35	0:14:36	0:14:45	13
13. Guatelli, Robert and Vicari, Vinny	Sanchez-Metro	0:44:21	0:14:31	0:14:49	0:15:01	14
14. Brizel, Dean and and Cavallaro, Lorenzo	Merrill Lynch/Stelvio Teamwear	0:44:24	0:14:46	0:14:43	0:14:55	15
15. Cutler, Rodney and Koven, James		0:44:26	0:14:44	0:14:53	0:14:49	16
16. Kuhn, John and and White, Paul	VisitBritain	0:44:42	0:15:03	0:14:55	0:14:44	17
17. Cohen, Andrew and Kanter, Jeffrey	VisitBritain	0:45:11	0:15:01	0:15:10	0:15:00	18
18. Quintero, Eustimio and Sierra, Mario		0:45:18	0:14:55	0:15:23	0:15:00	19
19. Loechner, John and Sossen, Lee	Sakonnet Technology	0:45:30	0:13:32	0:13:51	0:18:07	21
20. Cohen, Greg and Liuzzi, Francisco	Setanta	0:46:40	0:15:10	0:15:46	0:15:44	27
21. Hernandez, Robert and Pozniakoff, Ted	Strictly Bicycles	0:46:45	0:15:25	0:15:36	0:15:44	28
22. Cafiso, Giovanni and Scala, Christopher		0:48:13	0:16:18	0:15:55	0:16:00	29
DNF* Handler, Adam and Inglis, Justin	Foundation	0:44:56	0:14:36	0:15:03	0:15:17	

* One rider flatted, the other continued to the finish.

<i>Women's Teams</i>	<i>Sub-Team</i>	<i>Time</i>	<i>Lap1</i>	<i>Lap2</i>	<i>Lap3</i>	<i>Overall</i>
1. Long, Hannah and Ma, Cindy	Sanchez-Metro	0:45:25	0:14:55	0:15:15	0:15:15	20
2. Johnson, Angela and Moses, Ellen		0:45:32	0:14:46	0:15:23	0:15:23	22
3. Gale, Caryl and and Upton, Julie	Aquafina	0:46:00	0:15:03	0:15:13	0:15:44	23
4. Berger, Jane and and Lambden, Katie	Aquafina	0:46:10	0:15:15	0:15:37	0:15:18	24
5. Epstein, Jamie and Lederman, Rachel	Radical Media	0:46:13	0:15:09	0:15:34	0:15:30	25
6. Renaud, Elizabeth Sauvayre, Sarah	Sanchez-Metro	0:46:32	0:15:53	0:15:30	0:15:09	26
7. Modica, Nanci and Taylor, Kimille	Radical Media	0:48:22	0:16:09	0:16:07	0:16:06	30
8. Dulany, Kelleigh and Harrison, Francis	Sanchez-Metro	0:48:35	0:16:00	0:16:22	0:16:13	31
9. Ashcraft, Eve and Seward, Elizabeth	Senor Swanky's	0:49:03	0:16:21	0:16:23	0:16:19	33
10. Camp, Nancy and Ulrich, Karen		0:49:10	0:16:05	0:16:37	0:16:28	34
11. Nelson, Emma and Urist, Andrea	Senor Swanky's	0:49:23	0:16:18	0:16:26	0:16:39	35
12. Brady, Ann Marie and Kiihme, Megan	Senor Swanky's	0:51:23	0:17:07	0:16:59	0:17:17	36

<i>Mixed Sex Teams</i>	<i>Sub-Team</i>	<i>Time</i>	<i>Lap1</i>	<i>Lap2</i>	<i>Lap3</i>	<i>Overall</i>
1. Leener, Lance and Nicholson-Leener, Jamie	Conrad's	0:43:32	0:14:09	0:14:35	0:14:48	12
2. Derosa, Marie and Jordan, David		0:48:51	0:15:21	0:16:43	0:16:47	32

[Stu Gillespie, continued]

ing, and it's got me thinking of changing my training.

How so?

Well the pro racing is different. In the amateurs in the US and in Europe it's pretty much all out the whole time, and the last man standing wins.

The pros are different - the racing seems more scripted and controlled. Tons of attacks at the start, then a move gets clear so the middle 80 or 100 miles are just tempo in the field.

Then insanity in the last hour - super fast.

So you're thinking of maybe more long rides with fast endings?

Yeah, like five hours steady and then intervals. Or a long ride and then doing the Rockleigh crit. Maybe that's what I need. Though I probably still prefer the "last man standing" style of racing.

You missed your last collegiate nationals to do the Tour of Connecticut. Was that a hard choice to make?

No, it wasn't so hard because I also had final exams, so I was sort of commuting between the race and finals. Last year I tried hard to move finals so I could do elite nationals (which where earlier than usual in 2003, in May) and it didn't really work out - Harvard's not an easy place to put the academics aside. So I didn't even try to do that to get out to collegiate nats in Wisconsin this year.

I heard the races ended up in a bunch of field sprints anyway. Plus I won a jersey in Connecticut.

One last questions. What about your training? I read about you doing some massive hours in late winter in New England. That can't be easy.

It's not! It sucks sometimes, but I do it. And there are some tricks - Armadillos because if you flat you're doomed. Fenders. You should plan on your bike's components being ruined. Stopping every couple of hours to get something to drink. And warm clothes.

Thanks.

Thanks. 🍷

Changing Fields for Club Races

CRCA racers requesting a club race field change due to a USCF category change, please contact our Membership Director, Ted Neu at membership@crca.net.

If you are requesting a club race field change for any other reason please contact our VP of Rider Development, Mark Siega at riderdevelopment@crca.net.

See the Club Race Protocol on our website (follow the link from the Race Schedule page) for more details on fields. 🍷

July 31

A Field

1. Haig Marino, Conrad's
2. Steve Hylton
3. Chris Pile, ReMax
4. Keith Ryan, Axis
5. M. Justin Lubeley, Blue Ribbon-Translations
6. Mark Siega, ReMax

B Field

1. Anthony Lowe, VisitBritain
2. Adam Handler, Foundation
3. Carl Franzetti
4. Francisco Liuzzi, Setanta
5. Paul Castro, Foundation
6. Vinny Vicari, Sanchez-Metro
7. Lorenzo Cavallaro, Merrill Lynch/Stelvio Teamwear
8. Michael Margarite

Women's 3/4 Field

1. Nancy Modica, Radical Media
2. Leslie Jennings, Radical Media
3. Hannah Long, Sanchez-Metro
4. Kimille Taylor, Radical Media
5. Ann-Marie Brady, Senor Swanky's
6. Marie DeRosa
7. Andera Urist, Senor Swanky's
8. Emma Nelson, Senor Swanky's

C Field/Men's Clinic

1. David Istvan, CRCA
2. Frank Griffel, Men's Clinic
3. Giovanni B. Cafiso, CRCA
4. Llewellyn Connolly, Men's Clinic
5. Matthew Casey, Men's Clinic
6. Aaron Mimran, Men's Clinic
7. Erik Harper, Men's Clinic

CRCA Email List

There is an email list/discussion group for CRCA members at Yahoo Groups. Please note, this is not an official initiative of CRCA. To join, visit www.jt10000.com/team/crcagroup.htm, read the terms of use and follow the instructions. 🍷

Donations to CRCA and Central Park

Instead of a donation to the club, you can help CRCA by giving to Central Park Conservancy and receive a tax deduction.

If you contribute to the Central Park Conservancy, you can send the money through CRCA. You get all the tax benefits and the club gets the credit. Contact Ferdie Scharf at publicrelations@crca.net for more information.



BREAKAWAY
COURIER SYSTEMS

*Support the Companies
That Support the Sport*

212.947.4455

335 West 35th St.
New York, NY 10001

Century Road Club Association
PO Box 20412
Greeley Square Station
New York, NY 10001-9992

AUGUST 2004

FIRST CLASS MAIL